



## Seasonal allergies

Also called: hay fever

An allergic response causing itchy, watery eyes, sneezing and other similar symptoms.

### Very common

More than 10 million cases per year (India)



Treatment can help, but this condition can't be cured



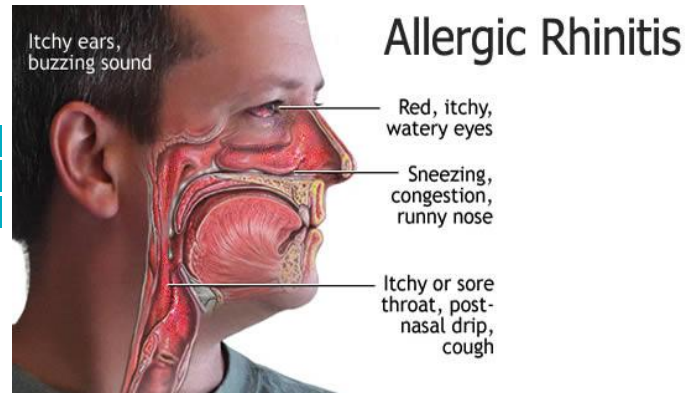
Usually self-diagnosable



Allergic rhinitis occurs seasonally or year-round. Diagnosis involves history-taking, examination of the nasal passages and sometimes skin testing.

Symptoms include sneezing, runny nose and red, watery and itchy eyes. Antihistamine medication can reduce symptoms.

### Ages affected



## Symptoms

### Usually self-diagnosable

Symptoms include sneezing, runny nose and red, watery and itchy eyes.

### People may experience:

**Pain areas:** in the sinuses

**Nasal:** congestion, loss of smell, redness, runny nose, post-nasal drip, sneezing, or stuffy nose

**Eyes:** irritation, itchiness, puffy eyes, redness, or watery eyes

**Respiratory:** breathing through the mouth or wheezing

**Also common:** coughing, fatigue, headache, itching, phlegm, or throat irritation