



NASAL POLYPS

ABOUT

A painless benign growth on the lining of the nose or sinuses.

Very common

More than 10 million cases per year (India) Treatable by a medical professional Requires a medical diagnosis

Lab tests or imaging rarely required

Chronic: can last for years or be lifelong

Causes are chronic inflammation due to infection, allergies, drug sensitivity or immune disorders. Symptoms may include a runny nose, stuffiness or post-nasal drip. In some cases, there may be no symptoms.

The condition can be treated with corticosteroids, other medication or surgery.

Symptoms :

Requires a medical diagnosis

Symptoms may include a runny nose, stuffiness or post-nasal drip. In some cases, there may be no symptoms.

People may experience:

Pain areas: in the face

Nasal: congestion, distorted sense of smell, runny nose, post-nasal drip, or sneezing

Respiratory: breathing through the mouth or sinusitis

Treatment

Specialists

Primary Care Provider (PCP), Allergy & Immunology Doctor, and Otolaryngologist



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