



## LABYRINTHITIS

### ABOUT

Inflammation of the inner ear or the nerves that connect the inner ear to the brain.

Labyrinthitis usually goes away on its own. Medication can help manage symptoms. Vestibular rehabilitation therapy may help in some cases.

### Symptoms

Hearing loss, dizziness and a spinning sensation (vertigo) are common symptoms. Diagnosing labyrinthitis is challenging because these symptoms are also common in many other conditions.

**People may experience:**

**Gastrointestinal:** nausea or vomiting

**Also common:** dizziness, hearing loss, or rapid involuntary eye movement

Consult a doctor for medical advice

### Treatments

**Treatment consists of antihistamines**

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#### VESTIBULAR REHABILITATION

A type of therapy focused on improving balance and stability for conditions affecting the inner ear.

#### PRIMARY CARE PROVIDER (PCP)

Prevents, diagnoses and treats diseases.

#### OTOLARYNGOLOGIST

Treats ear, nose and throat disorders.



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